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Capital Times

Cardiff City Council Issue 167 November 2014

European Capital of Sport Awards: The nation's sports stars were out in force at a glittering awards ceremony, in partnership with Nation Radio, at the Millennium Stadium to celebrate Cardiff's year as European Capital of Sport. The big winner of the night was Rhythmic Gymnast Frankie Jones (pictured) who took home two awards. **See Capital Sport (page 11) for full results.**

Tough times to continue

THE City Council is warning of further tough times ahead following the announcement of this year's provisional settlement from the Welsh Government.

Cardiff's funding from Welsh Government will be reduced by 2.9 per cent which is part of a total cut in the region of £150m for local authorities across Wales.

Cabinet Member for Corporate Services and Performance, Councillor Graham Hinchey, has warned that cuts to services will need to run much deeper and go further than any reductions in provision in Cardiff to date.

He said: "This settlement adds yet more pressure to budgets and local services that have been squeezed for more than five years. These are continued and unprecedented savings. The City Council has had to make cuts of £130m since 2009, of these £48m needs to be found this year alone.

"The Council's July Budget Strategy identified a required budget cut of over £45m for 2015/16.

"All Local Authorities across Wales are facing the same very difficult challenges and choices of where to allocate less funds. In Cardiff the situation is uniquely difficult, with a faster growing and aging population than anywhere else in Wales. Hosting national and international cultural and sporting events for example bring additional pressures and problems to the city's already stretched services and ever depleting budget.

"We are pressing the Welsh Government to provide longer term financial planning. For Cardiff the provisional settlement is significantly worse than the indicative 1.56 per cent reduction identified in December 2013 and no indication of the settlement has been provided beyond 2015/16.

"Although the settlement for Cardiff appears to be marginally better than the very worst case scenario of -4.5 per cent we had started to plan for, the additional pressures of our growing city will not significantly change the savings required.

"The cuts to services will have to run deeper and go further than anything seen in the city to date. We remain committed to consulting with the people of Cardiff on a range of budget proposals over the coming months, working with our partners and through the Cardiff Debate.

"The financial position facing the Council remains a matter of extreme concern for us all. We have to recognise the severity of the budget pressures and the need to transform local government and work with communities and partners to find new ways to deliver local services."

See page 3 inside for the latest news on the Cardiff Debate.

CARDIFF
CAERDYDD

NEWS

City street make over
- See inside, page 9

£5 off at Cardiff International White Water
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A day in a life

The latest in a regular series looking at jobs carried out by employees of the City Council and its partners. This month, Senior Education Welfare Officer for Cardiff's Education Welfare Service, Tom Noaks, talks to Capital Times.

"I'M part of a team that works to support schools, families and young people to improve school attendance across the city of Cardiff. We have a Principal Education Welfare Officer, two senior officers and seven Education Welfare Officers (EWOs) in the team. We also have around forty School Attendance Officers who are based in schools around Cardiff. At the moment the team is working with approximately 500 families in the city.

My casework will be based on an assessment of an individual family's and young person's needs and may require referral to appropriate partner agencies for support. Partnership working is an essential part of my role and I work with a whole range of partners such as Children's Services, the Young Carers Project, Cardiff Against Bullying, the Police – the list is long but it depends on the nature of need. It may be that a young person is missing school due to caring for a relative or may have bullying issues at school and it makes a real difference to be able to improve their situation and refer them to areas of support and help. We also receive referrals ourselves from our partner agencies in health, police and other Local Authorities.

Every working day is different. A typical day might involve meeting with School Attendance Officers (SAOs) to discuss pupils with attendance issues and advise whether referrals need to be made to the Education Welfare Service, if the strategies and interventions to improve attendance that the SAOs have tried have not been successful. Home visits are also an important part of my role in order to discuss attendance problems and agree a plan for securing a return to regular school attendance. My visits to my designated schools enable children to voice their own concerns surrounding their lack of attendance.

Over the last three years, primary school attendance has risen from 92.9 per cent to 94.9 per cent in Cardiff, which is above the Welsh average. In secondary schools, we have also seen significant improvements to attendance with an increase of 3.3 per cent from 90.4 per cent to 93.8 per cent. Research shows that missing 17 school days per academic year (which equates to 91 per cent attendance) can result in a drop of a GCSE grade across all subjects so I hope to see it continue to rise in order to give young people the right tools to flourish and access their right to education."

Youth Council meets Cardiff Cabinet

CARDIFF'S Youth Council met with the City of Cardiff Council Leader, Councillor Phil Bale, and Cabinet Members at the Old Library last month for a Youth Summit, as part of Local Democracy Week.

Local Democracy Week is an annual event to raise awareness of how councils operate and their roles and responsibilities, while also highlighting how local democracy works and how people can get involved in the process.

The summit was an opportunity for Elected Members and the youth delegates to meet and discuss how young people can participate in the democratic process and in developing and improving their communities.

An informative and educational evening, youth delegates were encouraged to write and draw their contributions to the debate on the tablecloths during discussion sessions as well as to record them verbally. Two graphic recorders then visually captured the contributions onto a large wall canvas, which is to be displayed in County Hall shortly, as the evening progressed.

The discussions and feedback session produced many positive comments and ideas from those present.

Cabinet Member for Safety, Engagement and Democracy, Councillor Daniel De'Ath, said: "The Local Democracy Week event held with Cardiff Youth Council was a great opportunity to explain the democratic process and for Cabinet Members present to explain their roles and responsibilities. It was also an opportunity for the youth delegates who attended, to raise issues important to them, voice their concerns and opinions and to ask questions.

"As a result, much was taken from this event by both sides and the council will be looking at how the ideas that were generated can be taken forward to increase the integration and involvement of young people in the democratic process in Cardiff. "

The Council also used Local Democracy Week to highlight Individual Electoral Registration (IER), the change to the electoral registration system which moves from the old 'head of household' registration system to Individual Electoral Registration. Almost 31,000 residents in Cardiff were not automatically transferred to the new electoral register and if you received a letter saying you weren't transferred you can visit www.gov.uk/register-to-vote to register to vote online.

If you did not receive a letter contact the Cardiff elections team on 029 2087 2087 or email electoralservices@cardiff.gov.uk

• Councillor Daniel De'Ath, Chair of Cardiff Youth Council Rob Green and City Council Leader Phil Bale

Committee Dates
November 2014

Tuesday, November 4, Public Protection Committee, 10.30am, Committee Room 1, County Hall.

Tuesday, November 4, Policy Review and Performance Scrutiny, 4.30pm , Committee Room 4, County Hall.

Wednesday, November 5, Community and Adult Services Scrutiny, 4.30pm, Committee Room 4, County Hall.

Thursday, November 6, Economy and Culture Scrutiny, 4.30pm, Committee Room 4, County Hall.

Tuesday, November 11, Children and Young People Scrutiny, 4.30pm, Committee Room 1, County Hall.

Tuesday, November 11, Environmental Scrutiny, 4.30pm, Committee Room 4, County Hall.

Wednesday, November 12, Planning Committee, 2.30pm, Committee Room 4, County Hall.

Thursday, November 13, Cabinet, 3.30pm, City Hall.

Wednesday, November 19, Constitution Committee, 5pm, County Hall.

Thursday, November 27, Full Council *, 4.30pm, Council Chambers, City Hall.

* Visit the Council's webcasting site to view Full Council meetings live or archived webcasts at www.cardiff.gov.uk/webcasting.

These dates are correct at time of going to press, however changes can occur due to unforeseen circumstances. If you wish to attend any of these meetings, details may be confirmed with Committee & Members Services at County Hall on 029 2087 2020.

City talking in Cardiff Debate

PHASE one of the Cardiff Debate has got the city talking.

The Cardiff Debate seeks to engage people in the change that will need to happen in the delivery of public services, as the City of Cardiff Council and its partner agencies face significant pressures both in terms of reduced budgets and growing demand for services.

Through a series of on-street engagement exercises, neighbourhood workshops, a Youth Summit with the Cardiff Youth Council, an online survey and social media activity, the Debate has encouraged people across Cardiff to discuss their priorities, put forward ideas for improving the city and exploring how local communities can become more involved in that process.

A total of 38 events have been held in every ward in the city since June including citywide events like Pride Cymru, Cardiff International Food and Drink Festival and Tafwyl.

Over 6,600 votes were cast by people asked which services mattered most to them with health services (12.9 per cent), education and skills (9.8 per cent) and keeping children safe (9.5 per cent) emerging as the priorities.

Over 3,000 responses have been received so far to the online survey and Ask Cardiff survey, including over 2,500 ideas suggesting how the Council can do things differently.

People have placed a strong emphasis on service quality as opposed to other factors such as cost, proximity of services to home and who delivers the service. Respondents were most keen to keep costs to a minimum for city travel, but indicated they would be willing to pay more for a better service in relation to parks and green spaces, libraries, community centres and hubs.

Ideas to save money include switching off or dimming the street lights, better use of school buildings for the community, time banking and installing solar panels on public buildings.

Leader of the City Council, Councillor Phil Bale, said: "The people of Cardiff have really engaged with the Cardiff Debate and it's been useful to hear about their ideas. As we face the prospect of making incredibly difficult decisions over the coming months, it's important that the public fully understands the scale of the challenge and what it means for the future of public services.

"This is a difficult time but I also see this as an opportunity to think differently and to work much more collaboratively with our communities, public sector partners and businesses in the city.

"We have already entered into a joint venture agreement with Cardiff Metropolitan University, securing the future of our sports development activity in the city. This is one example of the type of creative, co-operative solutions we are looking at to meet the financial challenges ahead, while at the same time ensuring services meet the needs of the city, now and in the future."

The Cardiff Debate website now features views shared by the public at the events across the city and visitors can submit their own ideas as well as rating ideas already put forward.

The Cardiff Debate video is available to watch and there are also live polls to take part in. The site also includes reports and information relevant to the Debate from the Council, the Cardiff Partnership, South Wales Police and Cardiff and Vale University Health Board.

Details of future events will also be available on the site.

Visit www.cardiffdebate.co.uk to find out more. Follow the Cardiff Debate on Twitter @CardiffDebate or on Facebook for regular updates

• One of the Cardiff Debate events

Doing things differently – Your ideas

- Ask the Community – understanding communities was best way to ensure money wisely spent
- Work with volunteers/community groups
- Targeted spending
- Less waste – operate more like a business/increase efficiency
- Reduce costs of senior management
- Co-production
- Income generation

Feedback on events:

- "Need to continue to consult and engage people so that they understand level and cuts needed and can shape services."
- "Information/knowledge is power - hopefully to be used for the good of all. Today has helped me to value what these services achieve (though some could improve)."
- "Discussion between public and service providers is essential to identify and generate acceptance of services which can no longer be afforded."
- "People often complain about e.g. Council tax but have no ideas, allows people to use their voice, have given them a chance to think through."
- "Nice to be involved in what's going on."

Cardiff Debate
Sgwrs Caerdydd

Unleashing Metro Growth

SUPPORTING Cardiff's economy is one of the Council's top priorities. That's why we have set our ambition of making Cardiff Europe's most liveable capital city – because great places to live attract the talented people who are so crucial in today's global economy.

Cardiff is succeeding in attracting and keeping young, talented people. It's the fastest growing major British city – projected to grow faster even than London – and one of its most highly skilled.

Cardiff is also bouncing back strongly from the recession. 10,000 jobs were created in the city over the last year; wages grew faster than in any other major British city and unemployment is at its lowest level since 2009, amongst the lowest of all the British cities. Over the last ten years Cardiff has seen the highest growth in private sector employment of all the major UK cities, except London, and for every three net new jobs created in the city region two of them were created in Cardiff.

I therefore welcome a recent report by the RSA's City Growth Commission that argues that if the British economy is to continue to grow and if this growth is to happen across the country, not just in London and the South East of England, then we need successful cities.

It says that cities drive growth, but they're being held back by an overly centralised political system which means that too many decisions which affect the city are taken by distant policy-makers in Central Government, who don't always understand how local places work. The report makes a case for devolution of power and funding to the top 15 metropolitan areas in the country - including Cardiff. This is an important and radical report, which will have major implications for Wales. When it comes to creating jobs, building homes and reforming public services, this report is clear - cities need greater power and funding.

As both the Capital City of Wales and a great British city, I am determined that Cardiff is at the forefront of this agenda.

Following the decision of Alert Logic, the American cyber security firm, to invest in Cardiff by bringing their European Security Headquarter Operations Centre to the capital, it was great to see the centre opening last month. The firm's decision to locate here is testimony to the skills base in the Capital Cardiff Region and we look forward to working with them to grow its operations in Cardiff.

Finally, at the end of October the Cardiff Convention took place bringing together internationally renowned regeneration experts to discuss and set out a future vision for the city to business leaders and social enterprises.

Cardiff has come a very long way in a short time and the perception of the city is very encouraging. We want to build on this success, continuing to deliver critical infrastructure that creates a sustainable and attractive city to live, work and play.

The Convention was an excellent opportunity to learn and discuss best practice from speakers across the world on all aspects of city development.

More on the Cardiff Convention next month!

Leader of the City of Cardiff Council, Phil Bale

News in brief

Evening of entertainment for charity

A charity concert in aid of Leukaemia and Lymphoma Research will be held at St David's Hall on Saturday, December 13 at 7pm. Male voice choir, Cor De Cymru will be appearing as well as Only Men Aloud tenor, Ben Smith. Tickets cost £10 - £15 and are now on sale.

Birchgrove pupil has all the right moves

A 10-year-old Birchgrove Primary School pupil has taken a move closer to becoming a Chess Grandmaster when he became the new British under-10 Champion at this year's British Individual Chess Championships, held at Aberystwyth University.

Chirag Guha netted the trophy and a £250 prize for coming first in his category, which had attracted 35 other competitors from around the UK. He was also awarded the prestigious Roy Clues Trophy as the best Wales player in the tournament, across all categories and age groups, for his achievement.

Panto season is going to be a ball

WELSH rugby legend Gareth Thomas will be treading the boards at the New Theatre this Panto season as he takes on the role of Dandini in Cinderella.

From Saturday December 13 until Sunday, January 18, 'Alfie' will be resuming his pantomime career, after his first experience playing the Genie in Aladdin in Wrexham two years ago "gave him the bug for wanting to do more."

Despite notching up 100 international caps, the idea of appearing in pantomime still holds a few fears for the former Welsh captain, who said: "When I used to walk out at the Millennium Stadium it was what I trained my whole life to do, but when you're on stage and you forget your line – that's a pretty nerve-wracking moment.

"There's a part during the play when I get mistaken for the Prince, which is slightly crazy really to think that an ex-rugby player who can't sing for toffee is mistaken for a West End legend."

Dandini, the role that Gareth plays, is the aide and confidante of Prince Charming, played by Casualty and Joseph star, Lee Mead. The show also stars Linda Lusardi as the Fairy Godmother, comedian Andy Jones as Buttons, Welsh favourite Mike Doyle and Sam Kane as the Ugly Sisters and local rising star Holly Bluett as Cinderella.

Singing might not be Alfie's strongest point but he's still looking forward to the curtain rising on the opening night.

He said: "It's a great cast and the humour stretches all the way from children to adults. Ultimately people walk in with a smile on their face and it's my job to help them leave with an even bigger smile on their face. Being part of that, at a time of year when people want to have fun, want to escape everything and come here for that hour and a half and have a laugh, that's really exciting.

"I've called Cardiff home for a long time now so to be performing here is a special thing."

Don't miss next month's Capital Times Christmas edition for a chance to win a family ticket to see Cinderella at The New Theatre.

For more details, visit www.newtheatrecardiff.co.uk

• Left to Right, Lee Mead (Prince Charming) and Gareth Thomas (Dandini) in Cinderella

Voice of Wales

STAFF at Cardiff Council celebrated Shwmae (How are you?) Day, a national event in October earmarked for everyone in Wales to greet people in Welsh - never mind what your level of spoken Welsh is.

The inaugural Diwrnod Shwmae (Shwmae Day) was held last year and this year events were held across Wales to celebrate the Welsh language.

In County Hall reception, there jhwas a display stand with information on the language and bilingualism, and Welsh cakes for sale with all proceeds going to the Lord Mayor's chosen charity, Tenovus. Information on Welsh language courses, Welsh badges and lanyards were also available to staff.

Council departments as well as schools also celebrated the day through various events and #Shwmae was trending on Twitter in Cardiff.

Through greeting each other with 'Shwmae', the event aims to raise public awareness about the Welsh language, and encourage everyone to use whatever Welsh they have in everyday scenarios. This was an opportunity to reinforce the wide support that there is for the Welsh language in today's Wales and to celebrate the numerous ways we greet each other in Welsh within our communities. It was also an opportunity to support and encourage the efforts of all those learning to speak Welsh across the whole of Wales.

This event also ties in with the Welsh Government's new 'Y Pethau Bychain' (The Little Things) campaign which aims to promote and share ideas to increase the use of the Welsh language in every day life.

For more information on 'Y Pethau Bychain' please visit: www.facebook.com/Cymraeg or Twitter @iaithfyw #PethauBychain or #LittleThingsInWelsh

DID YOU KNOW

562,000 People in Wales speak Welsh – 19% of the population.

16.2% of the population of Cardiff have one or more skills in the Welsh language (ability to read, write or/ and understand Welsh).

36,735 or 11.1% of the county's population are fluent Welsh speakers.

The number of Welsh speakers in Cardiff has doubled since 1991.

The city has currently three Welsh medium secondary schools, fifteen primary schools and two Welsh medium units. There are approximately 4700 pupils in attendance at primary level and over 2350 at secondary level.

More than half of the world's population use two or more languages every day. Bilingualism is the norm, rather than the exception.

DIWRNOD ShwmAe SumaE!

Christmas in Cardiff is coming soon!

CHRISTMAS in Cardiff is fast approaching and with a wide variety of award winning events and entertainment to help you celebrate the season in style, it's going to be a magical year.

The city's festive lights will twinkle into life on Thursday, November 13 at 'Step into Christmas', a free street festival in the city centre for all the family that heralds the official start to the season of goodwill.

A feast of Christmas entertainment will be on offer including a reindeer parade, festive street theatre and live open-air music. With the shops open late, lots of tempting in-store offers and the return of the atmospheric Christmas markets, it's also the perfect opportunity to do some early Christmas shopping.

The centrepiece to Christmas In Cardiff is the stunning Winter Wonderland that also opens on November 13. Running until January 5, 2015 this must-see attraction on City Hall lawn features an open air ice rink, traditional children's rides and an Alpine Village.

As the year draws to a close, the capital will welcome in 2015 with Calennig - Cardiff's midnight celebrations in the civic centre. The party includes free entertainment, a special midnight skate session and fireworks to make sure the year ends with a real bang.

Cabinet Member for Community Development, Co-operatives and Social Enterprise, Councillor Peter Bradbury, said: "Every year millions of people flock to the city to shop, skate and soak up the festive spirit and with all this and more exciting entertainment still to be announced, it's looking like a very Merry Christmas and a Happy New Year."

For all the latest information www.christmasincardiff.com

Gold Standard for Dogs Home

CARDIFF Dog's Home has been awarded a prestigious RSPCA Gold Standard Footprint Award.

The gold award, in the Stray Dogs category, follows a number of years when Cardiff has won silver awards and recognises the City of Cardiff Council's continued commitment to animal welfare.

Cardiff's success reflects the work undertaken to ensure the welfare of the animals during collection and kennelling as well as efforts to educate owners to reduce the level of straying.

Crowdfunding for our communities

CARDIFF has launched its own platform, Make the Diff, on crowdfunding website, Spacehive.

Crowdfunding is the raising of funding, usually on the internet, from suppporters, or 'the crowd', to fund a scheme or project. It is usually when a large number of people come together, each contributing small amounts towards a project, whether it be big or small.

An idea, scheme or initiative is proposed and a crowd of people then add their support to the proposal.

There are various web-based crowdfunding platforms around but Spacehive is the world's first funding platform for civic projects, enabling people, companies and councils to fund schemes that make communities better places to live, like new children's playgrounds or enhanced park areas, in an easy way.

As local authorities and other public sector organisations face the difficult challenge of increased service pressures combined with decreasing budgets, the concept of crowdfunding has become a more and more appealing method of generating income for community causes.

According to the Crowdfunding Centre, more than £3,500 per hour is being raised in the UK and since the beginning of 2014, more than 6,561 projects have been launched.

In Cardiff working with the Neighbourhood Partnerships, we can identify and consult with groups and communities at grassroots level to find out which projects and initiatives local people would like to see funded in their communities.

City of Cardiff Council Leader, Councillor Phil Bale, said: "Contributing to crowdfunding projects appeals to people who are passionate about a problem they want to help to solve. They feel engaged and are making a real difference."

An example of a successful crowdfunding project is the Glyncoch Community Centre in Pontypridd which raised £792,433 for a multi-purpose community centre to host a range of activities.

Closer to home, supporters of Grangetown Play Centre recently launched their own crowdfunding portal with an initial aim to raise £3,500 in order to continue providing play services in the community. For more information visit www.crowdfunder.co.uk/grangetown-play-centre

Councillor Bale continued: "Crowdfunding projects can be awarded anything as modest as a few hundred pounds to millions of pounds. The recent crowdfunding event in Grangetown goes to show the potential of what can be achieved when people work together for the benefit of the local community."

Do you have an idea that would help make your community a more attractive or safe place to live and work? For more information visit www.spacehive.com

• Supporters of Grangetown Play Centre

Boost for City's creative and financial sectors

A new internet exchange in the heart of Cardiff's Enterprise Zone has created a massive incentive for the financial and creative industries to set up their business in Cardiff and the wider region.

Over the past year, a community of businesses in Wales have been working with LINX (the London Internet Exchange) to bring an internet exchange to Cardiff, which has been enabled by the City of Cardiff Council, funded by the Department of Culture, Media and Sport and supported by the Welsh Government.

Known as IXCardiff, the internet exchange was launched at the Millennium Stadium in October.

Until now all internet traffic in South Wales has been exchanged in London, meaning that traffic travels from Cardiff to London and back again. This has proved costly for local internet service providers and online content companies, such as those in the creative and financial sectors, who have the burden of paying for connectivity to a London internet exchange.

Creating an internet exchange in Cardiff will help give the city and the whole of South Wales a competitive advantage. It will make Wales a more attractive place for the increasing number of investors who require local access to internet peering.

IXCardiff will reduce dependency on London by enabling business to connect directly to an internet exchange in Cardiff; giving the benefit of lower overheads, improved internet speeds and increased online capability.

The new exchange forms part of the digital transformation Cardiff is undergoing as one of the UK's "Super Connected Cities". The UK government has allocated up to £6.78m for Cardiff and the £600,000 to connect Cardiff Small and Medium Enterprises (SMEs) to the new exchange is a central part of the programme.

City Council Leader, Phil Bale said: "This is the latest development of a significant investment to upgrade the city's digital infrastructure. This development will ensure that Cardiff becomes even more digitally connected and provides the foundations for firms that locate their business in the Welsh Capital to compete against other financial centres of the world.

"Working closely with the UK Department for Culture, Media and Sport, the City of Cardiff Council's Super Connected Scheme has supported a number of grant schemes. This is to create incentives for Small and Medium Sized Enterprises to help them connect to the new exchange. Limited funding is still available so we ask SMEs to visit www.digitialcardiff.net for more information."

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Rep. Example: borrow £800 over a year and repay £74 per month (last payment £66.18). Total repayable £880.80

Birchgrove pupils support their local High Street

BIRCHGROVE Primary School has been helping to raise the profile of its local community's businesses as part of the 'Support Your High Street' campaign.

Three pupils from the school have been chosen as winners of a city-wide poster competition as part of the campaign which aims to encourage people and communities to make the most of their local high street.

Key stage 2 pupils from the school submitted posters celebrating their local shopping area on Caerphilly Road, with bright and colourful designs depicting the wide range of goods and services available in the shopping area. First prize went to Malavika Leena, second prize to Alexa Mae Rocio and Izzy Pickering scooped third place with her poster.

The winning entries were chosen by representatives of the Birchgrove Business Group and presented with their certificates and prizes – vouchers for local family days out – by Cabinet Member for Community Development, Co-operatives and Social Enterprise, Councillor Peter Bradbury and Flora LaZarou from the Birchgrove Business Group.

Malavika Leena, was also runner up in the national poster competition and received a letter and prize from Lesley Griffiths, Welsh Government Minister for Communities and Tackling Poverty.

Councillor Bradbury said: "It's wonderful to see children engaged with their local businesses and community as they are the shoppers and spenders of the future. It's good for children to understand the importance of making the most of the local high street, the vital role they play in community life and the contribution they make to the economy."

Showing support for local businesses and the close-knit nature of the local community is particularly relevant to Birchgrove Primary after reports by businesses over the summer ensured a blaze in the school was responded to quickly by the fire service.

Headteacher Mrs Sarah Morgan said: "Thank you to all of the businesses in Birchgrove. The community was so well highlighted when they made all of those phone calls when the school was on fire. If it wasn't for them we might not have had a school left."

• Birchgrove pupils show off their winning posters.

Biodiversity Corner

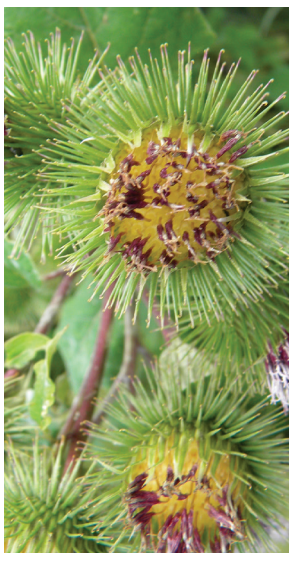
Biodiversity includes living things, and is an essential part of the natural environment which supports and enriches our lives. Each month Ecologist **Matthew Harris** talks about the natural environment in Cardiff.

NOVEMBER sees the end of the main fruiting season, though as the leaves fall, many colourful berries become more evident, advertising their presence to hungry birds and other wildlife.

The function of fruits is not just to feed animals of course – these are the means by which plants reproduce. Plants disperse their seeds in a variety of ways, to colonise new habitats, to avoid competition with the parent plant, and to avoid build-up of diseases and predators.

Oak and Hazel rely upon birds and squirrels to gather up their fruit and store them elsewhere, hoping some will be forgotten and then germinate. Holly and Hawthorn surround their seeds in a fruit which is edible to birds, the seeds then pass through the bird and are deposited in the droppings. Fruits with spines and hooks, such as Burdock and Cleavers, hitch a ride on animals' fur, to be scratched off later.

Not all fruits are dispersed by animals though. Ash and Sycamore seeds have 'wings' to catch the wind, whereas dandelion seeds float on a feathery parachute or 'pappus'.



Keep an eye out next time you're in your garden or local park to see how many different types of seed dispersal you can see.

More about wildlife next month.

Cardiff International White Water

Places to visit...

IF you're looking for adrenalin-fuelled adventure in the city, then look no further than Cardiff International White Water (CIWW).

Open all year round, the venue is an exciting on-demand white water and surf facility located in the heart of the International Sports Village.

The 250m white water course pumps up to 16 cubic metres of water per second which is equivalent to 80 bath tubs. Also the level and speed of the water can be changed so that everyone from beginners through to experts can enjoy the course.

Otherwise why not try Indoor Surfing? The simulated surf machine offers surfing at the touch of a button and is great for both novices and pros. Simulating a mixture of surfing and snowboarding, the visitor rides on a shallow stream of water either using a bodyboard or a specially designed surf board.

CIWW is also a centre of excellence for training, providing training courses from the Paddle School to Duke of Edinburgh awards. Or try the NEW adrenaline rush… Air Trail! Cross the zip wires and obstacles high above the white water course. Book now.

Looking for the ultimate Christmas gift? Buy Gift vouchers from the centre or on their website. Contact 029 20 87 9978 or visit www.ciww.com for more details.

Special Offer
£5 OFF

Dŵr Gwyn
Rhyngwladol Caerdydd
Cardiff International
White Water

White Water Rafting and Indoor Surfing at Cardiff International White Water.

Call now on **029 2082 9978** and quote "Capital Times" to book your place. **Offer ends February 28, 2015.**

Terms and conditions apply, see **www.ciww.com**

Increased public participation key to new waste strategy

THE City Council will be consulting on our Outline Waste Strategy 2015 – 2018 with renewed public participation key to meeting rising recycling targets.

The previous waste strategy resulted in a significant change in the way recycling is collected and alongside other initiatives saw the City Council raise its recycling rate from 39 per cent in 2009/10 to 52 per cent in 2012/13. However, since the 2011 changes, recycling performance has levelled out.

Additionally, since 2011, there have been significant changes in legislation and challenging targets to meet in extremely harsh financial conditions. As a result we will be consulting on a range of proposals contained in the new outline strategy to reflect the changed recycling environment and our options.

Councillor Bob Derbyshire, Cabinet Member for Environment, said: "For this strategy to succeed, it is vital residents help us by redoubling their efforts to recycle as much of their waste as they can and in the right way, which may mean some further separation especially as the Welsh Government (WG) recycling target will be 58 per cent in 2015/16. As with the previous strategy we will provide all the equipment and information necessary to maximise the recycling of all of our everyday waste.

"We are keenly aware of Welsh Government targets and the potential for being penalised if we fall short. This is why since November 2013 we have been working closely with Welsh Government on proposals for a new strategy to re-invigorate the city's recycling performance that is affordable, EU directive compliant, works for residents and fits the unique demands of the largest city in Wales with a high number of flats and high density accommodation to service."

Any changes implemented through the strategy, once consulted upon will be accompanied by a comprehensive education campaign across all our information channels and followed up with a comprehensive enforcement process for those who blight our environment .

Councillor Derbyshire added, "In this new comprehensive strategy, we are concentrating on measures for consultation that will drive recycling rates up such as restricting volumes of residual waste. Our most recent consultation showed at least 54 per cent would recycle more if their waste was restricted and we are consulting on the options for restricting non-recyclable waste further.

"This could involve issuing smaller black bins and/or reducing the frequency of residual collections as well as looking at restricting volumes permitted in bag areas and to consult further on how we may separate and collect dry recycling.

"There really is no excuse for not recycling and again I would urge everyone to help us drive recycling rates up, make it affordable, by keeping our streets clean and ensure Cardiff stays as a city we are all proud of."

Preferred Bidder identified for organic waste treatment plant

A key element in the new waste strategy is providing a sustainable solution for our food and green waste and we recently announced that Kelda Organic Energy Ltd has been identified as the Preferred Bidder to develop a sustainable organic waste treatment plant in Cardiff.

They will now develop Anaerobic Digestion (AD) and Open Windrow Composting (OWC) facilities in the city, for which planning permission is already secured.

With the rigorous procurement process now completed, Councillor Bob Derbyshire, welcomed the contract announcement.

He said: "'I am really excited by this project, it shows we are meeting the challenges of recycling the waste we all produce, head on, with innovative and sustainable technology that will revolutionise how we treat food and green waste locally.

"The fact that we will be able to produce sustainable sources of energy through this solution is of critical importance in the face of rising energy prices and climate change. The production and sale of digestate and compost as by-products of the treatment process to farmers will provide a closed-loop, sustainable solution, with community benefits in the form of a "Green Learning Zone" at the AD facility forming an important part of the proposals.

"The announcement has now been debated in Full Council and gone through the scrutiny process so I would like to thank the Environmental Scrutiny Committee for their input.

I congratulate the Council team and Kelda on their excellent progress on their Solution so far and look forward to watching this excellent project develop."

Good neighbours stop rogue traders

CARDIFF Trading Standards is focusing on Doorstep Crime during Consumer Week, between November 3 - 7, with the message that 'Good Neighbours can stop Rogue Traders'.

The campaign is a partnership led by the Trading Standards Institute (TSI), Citizens Advice and the National Trading Standards Board.

Doorstep Crime is the term used to describe a variety of crimes committed by offenders who cold call at homes offering to do work such as roofing, gardening, guttering, driveways or other home improvement work, or to sell goods such as mattresses or mobility aids. This type of crime is massively under-reported and research suggests that there could be as many as 17,000 incidents of doorstep crime each year.

Typical victims of doorstep criminals are vulnerable citizens who are convinced or harassed into paying for shoddy or incomplete repair work, charged extortionate fees for services, or even threatened if they do not comply.

The 'Good Neighbours Stop Rogue Traders' campaign focuses on preventing doorstep crime by encouraging neighbours, family, friends and carers to look out for those most at risk in their communities. Key signs of an unwanted doorstep caller are traders have been cold calling in the area, a builder's van is parked nearby, particularly one that doesn't include a company name or contact details, poor quality work is visible on the roof, driveway, or property, your neighbour appears anxious or distressed or your neighbour visits the bank, building society, or post office more frequently, particularly if they are accompanied by a trader.

Cardiff Trading Standards is advising residents that in response, good neighbours can ask your neighbour in private - in person or on the phone - if things are OK, if they are displeased, suggest calling a relative or carer on their behalf, note any vehicle registration numbers, keep hold of any flyers you have received through your door or ask if the trader has left any paperwork and put it in a clean food bag.

Councillor Daniel De'Ath, Cabinet Member for Safety, Engagement and Democracy, said: "Doorstep criminals prey on those with least resistance in order to dupe people sometimes, out of thousands pounds. The good neighbour scheme highlights the simple precautions that we can all take to look out for others in our community and to keep these rogue traders away."

Cardiff Trading Standards responds to all complaints about doorstep crime and are able to offer residents support and advice as necessary. Enforcement action often follows complaints and can result in custodial sentences for those who are prosecuted.

Doorstep Crime can be reported to Cardiff Trading Standards Department 24 hours a day on 0845 6012600.

News in brief

Glantaf Duo to perform at Royal Albert Hall

Ysgol Glantaf pupils and brothers, Harry and Charlie Lovell-Jones, will perform at the Royal Albert Hall this month as part of the National Festival of Music for Youth Schools Prom concerts.

The Glantaf Duo are no strangers to this event, as they were selected three years ago to play piano duets at the London venue. This time they are performing on marimba and violin.

Percussionist Harry, 17, and violinist Charlie, 15, enjoyed success at this year's Urdd Eisteddfod, carrying off the first prize in the Under-18 Instrumental Duet competition.

PACT meetings

PACT (Partnerships and Communities Together) meetings are an opportunity for the community to have their say on what matters the most to them in their area.

For up-to-date information about meetings in your local area visit www.ourbobby.com

Peace of mind for family and friends

THE City of Cardiff Council's Community Alarm Service is gearing up for the busy winter period when its services provide a real lifeline for elderly and vulnerable people living in their own homes.

The Community Alarm Services' Telecare provision is a 24 hour, seven days a week, 365 days a year support service offering short or long term assistance for the elderly or people with an illness or disability, allowing them to live confidently and independently in their own home for longer.

In the event of a problem or emergency, Telecare customers can summon help to their home quickly through the touch of an alarm button, on a pendant worn (either around the neck, on the wrist or on a belt) or on a base unit. This automatically connects a customer to the 24 hour local control centre where their details automatically appear on a computer screen. There are also a range of sensors and monitors that can be added to the service to provide even more reassurance and support.

Depending on the level of support chosen, the Community Alarm Service either call a customer's designated contacts and the emergency services if required, or one of the specially trained mobile wardens is sent to the home to provide assistance. The wardens aim to be with a person within 20 minutes of the alert being raised. The mobile warden team is unique and is the only service of its kind operating in the Cardiff area.

Last year, the team responded to over 300 emergency call outs over the Christmas period alone providing support and assistance to people who were in difficultly or distress in their own homes. And this year, the service has invested in a new 4x4 vehicle to ensure that come rain, hail or snow, the mobile wardens can reach customers in need.

Cabinet Member for Housing, Health and Wellbeing, Councillor Susan Elsmore, said: "The Community Alarm team and the Telecare service provide real peace of mind to both carers and the people they look after all year round, but as we approach the onset of winter, it can be a worrying and unsettling time for older people or those with illnesses or disability.

"They can be particularly vulnerable but this service provides safety and support in a person's own home, at the push of a button."

The Telecare service is not just for the elderly or vulnerable in the community but anyone in Cardiff who would like to feel safer and more secure at home, for example, those at risk of falls, people with mental health problems and their carers or people discharged from hospital who need extra help at home.

The service costs from as little as £2 a week. For more information on the Telecare service, telephone 029 2053 7080 or email: telecare@cardiff.gov.uk

• Mobile warden Jamie Sheen of the Community Alarm Service

Carers' Rights Day

HAVING the right information at the right time can make a huge difference when you are looking after someone.

Each year, Carers' Rights Day is held to help carers know where to go to find out about their rights and how to get the support they are entitled to.

Carers' Rights Day this year takes place on Friday, November 28. Health and Social Care officers are working in partnership with Community Hubs throughout the city to ensure that carers know where they can go to get advice and support not only during Carers' Rights Day, but throughout the year.

Staff in your local Community Hub are able to advise on various topics including housing and benefits advice and Into Work services.

As part of Carers' Rights Day, a council officer specialising in carers' issues will be available at various Community and Advice Hubs on Friday, November 28 at the following times:

Ely/Caerau Hub and St Mellons Hub - 10am – 12pm

Advice Hub, Marland House and Llanrumney Hub - 2pm – 4pm

There is no need to book an appointment in advance, just come along and find out how we can support you as a carer. Contact Nicola Hayne on 029 2087 3631 for more information.

For further information on Carers Rights Day, please visit www.carersuk.org

Supporting people with autism

ONE of the many services which the Council provides through its Health and Social care service is support for people with autism to remain living independently.

Adult Autism Advice is a joint service by the City of Cardiff Council and the Vale of Glamorgan and has been running across Cardiff, the Vale and other Welsh authorities for four years. The service was created in 2011 to provide support, sign-posting, advice and information for adults with High Functioning Autism or Asperger's Syndrome.

Discussion forums are held in Cardiff once a month, where individuals can meet other local people with Autism to share experiences, gain information and take part in meaningful social interaction. Guest speakers also regularly attend the Forum.

Community Support Workers provide information on local social groups or social opportunities and run social skills training workshops which cover the skills needed to help individuals to interact in the social world successfully and with less anxiety. We also provide information on local services and groups in the community and try to help individuals in making contact with the service.

The service has also recently co-founded a Couples Support Group for couples where one or both individuals are on the Autism Spectrum, providing couples with an opportunity to share their experiences in a safe and supportive environment, meeting once a month in Aberdare Hall in Cardiff.

Employment Skills Workshops are also available for individuals on the spectrum who are seeking employment or voluntary work. Modules cover CVs and letter writing, job search, applications, disclosure, interviews, social skills at work and developing career plans.

Cabinet Member for Housing, Health and Wellbeing, Councillor Susan Elsmore, said: "The aim of the Adult Autism Advice service is to assist people with autism to live independently. The service can provide lots of information on the support and services available to people in their local communities, which in many cases has made a real difference to people's lives."

For full details and materials from these workshops, contact Adult Autism Advice on 029 2053 6495 or email adultautismadvice@valeofglamorgan.gov.uk Or you can visit the Adult Autism Advice Facebook page or website www.valeofglamorgan.gov.uk/autism

New outlook for Cranbrook Street residents

A community project dedicated to transforming an anti-social behaviour hot spot has given residents a whole new outlook.

The 'Wall 101' project brought together residents, local members and artists to address the long-term issues of graffiti tagging, litter and anti-social behaviour at a 101m wall that runs the length of Cranbrook Street in Cathays.

Funded by Tidy Towns, a Wales-wide initiative designed to help volunteer groups take charge of their local environment with support from local authorities and managed by community arts charity, People Around Here, in conjunction with Cynefin, the project sought the ideas of local people for improving their area and their preferred designs for the artwork.

The City of Cardiff Council hosts the Cynefin programme which aims to bring together the local community to help improve the place in which they live or work, making it cleaner and safer.

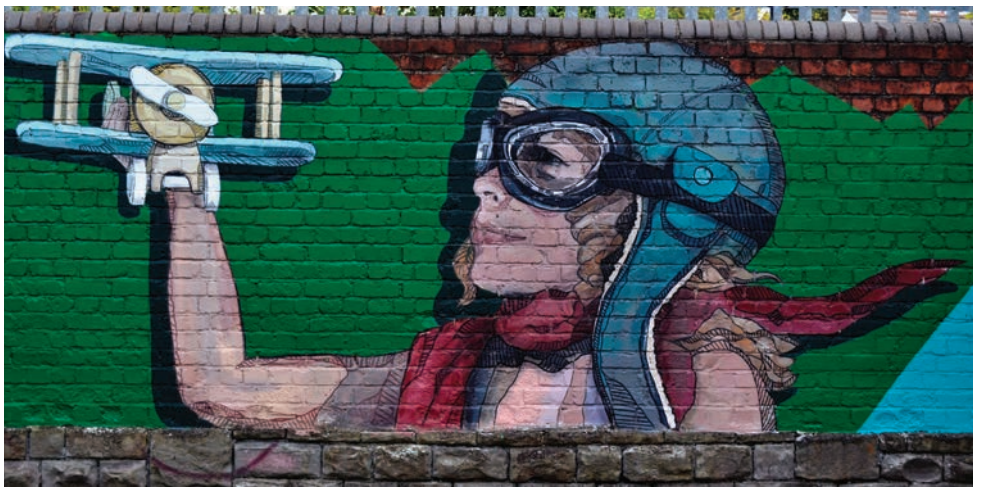
Residents and over 50 volunteers, including the local ward members, worked with local artists to complete the mural which reflects the cultural heritage of Cranbrook Street and Cathays, the role that railways have played in Cardiff's history and also the community's student population. The attractive mural also features 92-year-old Cranbrook Street resident Bertie Wall who sweeps the street weekly, accompanied by his dog Stella.

Cabinet Member for Safety, Engagement and Democracy, Councillor Daniel De'Ath, said: "The anti-social behaviour and other problems associated with the wall along Cranbrook Street have been a real issue for people living there and in the local community.

"It's wonderful that members of the community have got together in this way to make a real difference to their local environment. This is a great example of what partnership working combined with community spirit can achieve.

"The project has given everyone involved a sense of ownership. The mural looks absolutely amazing and has really improved the Cranbrook Street environment for the benefit of those living on the street."

• Wall 101 before its facelift.



Half way there for 'Footsteps for Liv'

A South Wales family fundraising for their five-year-old daughter to receive a life-changing operation recently visited the Lord Mayor of Cardiff.

Olivia Robinson has cerebral palsy which prevents her from doing things children her age take for granted such as sitting, crawling and walking but since her recent meeting with the Lord Mayor, Councillor Margaret Jones, the little girl has not stopped talking about the visit.

Councillor Jones said: "When I heard about Olivia and her family's fundraising efforts, I was more than happy to welcome Olivia and her parents to a reception at County Hall as they seek to raise awareness of her condition and the funds they need to raise for her treatment."

Olivia's father, Daniel Robinson, said: "Olivia loved it. That was all she spoke about. We were really pleased when the Lord Mayor of Cardiff agreed to meet us. We feel privileged."

Olivia's family has raised nearly half of their £65,000 target to pay for Olivia to undergo Selective Dorzal Rhizotomy (SDR) - an operation that involves the cutting of sensory fibres in the spinal cord which will help reduce the tone in Olivia's limbs.

Dad Daniel continued: "At the moment this procedure would be the best long term as it will give Olivia the best chance to walk with an aid. It will give her some independence and the benefits would ripple through the family."

To donate to 'Footsteps for Liv' visit: https://www.justgiving.com/footsteps-for-liv/

• Olivia and her family meet the Lord Mayor.

Capital Transport...

CARDIFF
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Save money and beat the queues with Christmas Park & Ride

AS the festive shopping season draws closer, shoppers can save money on parking and avoid city centre congestion by using Park and Ride services in the city.

Operating now, to and from three city locations, Park and Ride costs only £3 per vehicle all day, including the bus journey. Services are every 15 minutes and use low floor buses for easy access.

Cardiff East (CF23 7XH) between the Pentwyn interchange (A48 M) and Churchill Way.

On Monday to Friday, the first bus leaves the car park at 7.15am and the last bus from the city centre is at 7.30pm. On Saturday, the first bus leaves at 8am with the last bus from the city centre at 7pm. On Sunday the first bus leaves at 10am with the last bus at 5.30pm. There is an early bird offer of £2 for buses before 8.30am on Monday to Friday.

Cardiff West (CF11 8SX) between Cardiff City Stadium and Canal Street.

Monday to Friday, the service leaves the car park at 9.45am with the last bus from the city centre at 6pm. On Thursdays only, the last bus leaves the city centre at 8pm.

County Hall (CF10 4UW) and Canal Street.

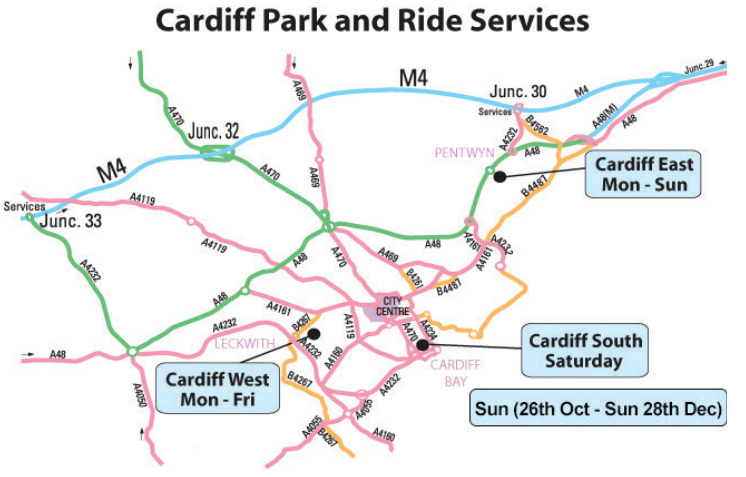
Available at weekends only. On Saturdays the bus leaves the car park at 9am and the last bus from the city centre is at 6pm. From October 26 to December 28, a Sunday service operates from County Hall leaving the car park at 10am with the last bus leaving the city centre at 5.30pm.

These Park & Ride facilities offer good value and convenience to shoppers and commuters all year round.

All sites are operating now and full details are available at www.cardiff.gov.uk

If you are planning to drive into the city centre, why not park at the North Road car park (Sat Nav ref: CF10 3DY), where all day parking costs only £5.20 and £3.60 after 12pm.

Cabinet Member for Transport, Planning and Sustainability, Councillor Ramesh Patel, said: "The city gets very busy over the Christmas and New Year period and with thousands of people in the centre to shop, go out and visit the festive attractions, we are keen to encourage people to use the Park and Ride facilities which will no doubt save money, and avoid the queues to park. "The North Road car park is also good option for those who do want to drive into the centre with very competitive prices."



Keeping Cardiff Moving

ALL senior citizens and disabled persons receive free bus travel on local bus services throughout Wales on production of a valid pass.

To apply for a bus pass you will need to fill out an application form and take it in person to one of our Hubs. Application forms are available over the counter or you can contact us via www.cardiff.gov.uk or C2C (029 2087 2087) to request one be posted to you.

To get your pass, you will need to bring one official document dated within the last three months confirming that you live in Cardiff, eg, bank statement, council tax form, utility bill and one official document as proof of age, eg medical card, birth certificate, passport, driving licence.

If you take your completed form to the City Centre Hub you will in most cases be issued with your pass there and then. If you return it to any of our other Hubs it will need to be sent to the City Centre Hub to be processed. It will then either be returned to your local Hub for you to collect or you can arrange for it to be posted directly out to you.

- For public transport information for Cardiff as well as the rest of Wales, visit the Traveline Cymru website at www.traveline-cymru.info or call 0871 200 22 33.
- For information on Cardiff Bus, visit www.cardiffbus.com or call 029 2066 6444.

FREE adult cycle training courses available

FREE adult cycle training courses to promote safe and responsible cycling in the city are now available.

The City Council's Road Safety Team is providing cycle training up to National Standards level 3. Sessions are available for all skill levels and are aimed at allowing participants to use their bike both for travel to work and for other journeys.

Training can be booked online at the Keeping Cardiff Moving website www.keepingcardiffmoving.co.uk/adult-cycle-training and aims to increase the confidence of cyclists through enhanced road skills. Three levels of training are offered:

Beginners (level 1): If you've never ridden before, beginner level will teach balance, control and the basics of cycling in a traffic free environment.

Intermediate (level 2): You've just begun cycling or started cycling again. This will help build your confidence and get you cycling on less busy roads by teaching you how to communicate with other road users, use junctions and position yourself safely.

Experienced (level 3): Even the experienced rider can benefit. Our trainers can teach you how to be more confident on main roads, to navigate busy and complex junctions on your regular journey and help you to plan a more efficient journey.

Cabinet Member for Transport, Planning and Sustainability, Councillor Ramesh Patel, said: "These council-run courses are a great opportunity for people to develop cycling skills and gain increased confidence when cycling. I would urge people to take advantage of the training on offer. "

Cardiff resident Terri Woodsford, who completed the course said: "I really enjoyed the free cycling lesson despite it raining for the whole hour. Ryan was an excellent teacher who gave me a lot of relevant information about cycling, which in turn instilled me with the confidence I had lacked to cycle amongst the traffic. I have recommended this course to many people and can't speak too highly of it."

Comprehensive advice about cycling including information on training courses, advice on bike security, rules for cyclists, downloadable maps and much more is available at www.keepingcardiffmoving.co.uk/adult-cycle-training. Or contact the Road Safety Team on 029 2078 8521 or at www.roadsafetycardiff.co.uk

Capital Sport...

Another event brought to you by City of Cardiff Council **www.cardiff.gov.uk** or call **C2C** on **2087 2087**

WITH less than a year to go until the England 2015 Rugby World Cup and as part of a two week UK tour, the Webb Ellis Cup paid a recent visit to the Millennium Stadium which will play host to eight games in the tournament.

Leader of the City of Cardiff Council, Councillor Phil Bale, said: "We're delighted that Cardiff and our fantastic Millennium Stadium will be hosting eight games. No-one can forget the thrilling atmosphere in the city when Wales hosted the Rugby World Cup 1999 and we are keen to repeat that same amazing buzz for next year's matches.

"There is something special about our capital city on a big match day – it's welcoming, friendly, electrifying – so I look forward to welcoming rugby supporters from near and far here for some fantastic sporting action featuring the finest players in the world."

CARDIFF CAERDYDD
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cardiffcapitalofsport.co.uk www.facebook.com/ecos2014 @Cardiff_ECOS

Sports stars shine at awards night

THE nation's sports stars came together at a glittering award ceremony, in partnership with Nation Radio, at the Millennium Stadium to celebrate Cardiff's year as European Capital of Sport (ECOS).

The big winner of the night was Rhythmic Gymnast Frankie Jones who took home two prestigious awards. Frankie's gold medal in the ribbon event at the Glasgow Commonwealth Games, in what was the last performance of her incredible career, was rewarded with a 'Performance of the Season' award.

Speaking about events in Glasgow this summer, the 23-year-old gymnast said: "It was an amazing feeling standing on top of the podium in Glasgow and I don't think I could have dreamed of anything better.

"It was a very up and down journey to get to Glasgow because I had an operation after the London Olympics. I wasn't sure if I would make it and it wasn't until four months before that I was happy I would make the team."

The Welsh Rhythmic Gymnasts were the darlings of the Commonwealth Games team in Glasgow bringing home seven medals between them and on awards night they beat off competition from the Welsh Road Race, Netball and Swimming Teams to win the 'Welsh Team of the Year' award.

Frankie continued: "This is more recognition for our sport and I just hope that we have inspired a few more youngsters to go out and have a go at gymnastics. It is great fun and we loved every minute of our competition in Scotland."

The Cardiff-based athlete was also nominated as 'Sportswoman of the Year' award but missed out on a hattrick of awards to Natalie Powell, Wales' first Commonwealth gold medallist in Judo. Powell beat Olympic silver medallist Gemma Gibbons to take gold in Glasgow and a brilliant 2014 also saw her take silver at the European Open and bronze at the Zagreb Grand Prix.

In face of tough competition from Ryder Cup hero, Jamie Donaldson, Real Madrid star, Gareth Bale, and Commonwealth Games captain and medallist Aled Davies, the 'Sportsman of the Year' award went to cyclist Geraint Thomas.

Cabinet Member for Community Development. Co-operatives and Social Enterprise, Councillor Peter Bradbury, said: "This has been another fine year for sport in Cardiff and much of that is down to the men and women who won and were nominated for an ECOS awards. I applaud their achievements, thank them for their efforts and hope they will continue to bring further success to our great city."

The Winners

Sportsman of the Year:
Geraint Thomas

Sportswoman of the Year:
Natalie Powell

Performance of the Season:
Frankie Jones

Welsh Team of the Year:
Welsh Rhythmic Gymnastics

Sports Personality of the Year:
Jose Pearson

Student Sports Personality of the Year:
Curtis Matthews

Junior Sports Personality of the Year:
Harri Jenkins

Senior Team of the Year:
Tiger Bay Brawlers

Junior Team of the Year:
Whitchurch High School Under 16 Rugby Team

Disability Coach of the Year:
Dan Bufton

Volunteer Coach of the Year:
Gwen Baynham

Community Coach of the Year:
Sean Phillips

Lifetime Achievement Award:
Dave Haller

Cardiff City FC
Cardiff City Stadium

Sky Bet Championship

Saturday, November 1 (3pm)
Cardiff v Leeds

Friday, November 21 (7:45pm)
Cardiff v Reading

Cardiff Blues
Cardiff Arms Park

Guinness PRO 12

Saturday, November 1 (5:15pm)
Cardiff Blues v Munster

Friday, November 28 (7:35pm)
Cardiff Blues v Benetton Treviso

LV=Cup

Friday, November 14 (7:30pm)
Cardiff Blues v Scarlets

Cardiff Devils
Cardiff Bay Ice Arena

Elite League

Sunday, November 2, (6pm)
Cardiff Devils v Nottingham Panthers

Sunday, November 9, (6pm)
Cardiff Devils v Belfast Giants

Sunday, November 16, (6pm)
Cardiff Devils v Dundee Stars

Sunday, November 23,(6pm)
Cardiff Devils v Edinburgh Capitals

MILLENNIUM STADIUM

Autumn Internationals

Saturday, November 8, (2:30pm)
Wales v Australia

Saturday, November 15, (2:30pm)
Wales v Fiji

Saturday, November 22, (5:30pm)
Wales v New Zealand

Saturday, November 29, (2:30pm)
Wales v South Africa

For other sporting fixtures taking place across the city this month please visit www.sport-cardiff.com

Please note fixtures can be subject to change

Capital Education...

CARDIFF
CAERDYDD

Applying for a September 2015 school place

IF your child was born between 1st September 2010 and 31st August 2011 or 1st September 2003 and 31st August 2004, now is the time to apply for a school place for September 2015.

The closing dates for online applications and preference forms are 1st December 2014 for secondary education (age 12) and 12th January 2015 to apply for primary education (age 5).

If your child is already known to the council you will have a preference form sent to you. But if you haven't applied for a school place, or if you haven't got a preference form, you can get in touch with the team by calling 029 2087 2909 or emailing admissions@cardiff.gov.uk (giving your child's name, address and date of birth). You can also apply online by going to www.cardiff.gov.uk/schooladmissions

Cabinet Member for Education and Skills, Councillor Julia Magill said: "Starting at a new school is a big step, so it is really important that parents and guardians act in plenty of time to make sure their applications are sent before the deadlines and preferences submitted. Every year we have parents who are very disappointed that they cannot get their children into the schools they would prefer because they have missed the deadline for expressing preferences and all the places are taken by the time they apply."

If it's time for you to apply for your child's school place it's important that you do it before the deadline. It's not always possible to get a place for your child in the school you want, but applying before the deadline can help make sure that your preference is considered. So make a note of the dates: 1st December for secondary, 12th January for primary.

Time to remember

STAFF and children from St Mellons Church In Wales Primary School marked the official opening of their Remembrance Garden by inviting friends, family and neighbours to a special ceremony.

The school's Estate Manager Gerry Gates, an ex-serviceman, worked with the children over the spring and summer to construct and plant a garden to mark this year's centenary of the outbreak of the Great War.

Keeping it in the family, Mr Gates' son, Staff Sergeant (SQMS) Anthony Gates RLC, currently a serving soldier, had the honour of officially opening the garden to the governors, parents and members of the local communities of Llanrumney and Old St Mellons and spoke about the on-going work of Her Majesty's forces around the world. Each child then laid a single poppy in their class corner of the Remembrance Garden.

PRIMARY SCHOOLS MENU 03 NOVEMBER - 21 NOVEMBER 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 NOVEMBER	**04 NOVEMBER**	**05 NOVEMBER**	**06 NOVEMBER**	**07 NOVEMBER**
Beef Burger Quorn Burger V Tomato Ketchup Chipped Potatoes Garden Peas Coleslaw Rice Pudding with Raisins	Chicken & Pepperoni Pasta Bake Pasta Neapolitan V Garlic Bread Sweetcorn Muesli Cookie	BONFIRE MENU	Roast Beef Cheese & Vegetable Pastry V Yorkshire Pudding / Gravy Roast/New Potatoes Broccoli/Carrots Flapjack	Salmon Chunks Country Vegetable Bake V Creamed Potato Baked Beans Eve's Pudding with Custard
10 NOVEMBER	**11 NOVEMBER**	**12 NOVEMBER**	**13 NOVEMBER**	**14 NOVEMBER**
Ham & Pineapple Pizza Tuna & Sweetcorn Pizza Cheese & Tomato Pizza V Herby Diced Potatoes Baked Beans Sweetcorn Shortbread Fingers	Meatballs in Tomato Sauce/Gravy Vegeballs in Tomato Sauce/Gravy V Pasta Creamed Potato Garden Peas Coconut Slice/Sponge	Chilli Con Carne Vegetable Chilli V Fish Finger Wrap Tomato Ketchup Rice / New Potatoes Mixed Vegetables / Coleslaw Jelly with Fruit Cocktail	Roast Turkey Pork Sausage Quorn Sausage V Sage & Onion Stuffing Gravy Roast/New Potatoes Cabbage /Carrots Chocolate Cornflake Crisps	Crispy Golden Fish Cheese, Egg & Potato Bake V Tomato Ketchup Creamed Potato Garden Peas Strawberry Tart with Custard
17 NOVEMBER	**18 NOVEMBER**	**19 NOVEMBER**	**20 NOVEMBER**	**21 NOVEMBER**
Chicken Kiev Vegetable Nuggets V Tomato Ketchup New Potatoes Garden Peas Rice Pudding with Raisins	Pasta Bolognaise Pasta Neapolitan V Garlic Bread Green Beans Chocolate Brownie	Chicken Tikka Vegetable Tikka V Alaskan Salmon Bake Rice Creamed Potatoes Garden Peas Pancake with Ice Cream	Roast Pork / Pork Sausage Cheese & Potato Pie V Sage & Onion Stuffing Apple Sauce/Gravy Roast/Creamed Potatoes Broccoli/Carrots Chocolate Crunch Cookies	Fish Fingers Scrambled Egg & Cheesy Beans on Toast V Chipped Potatoes Baked Beans Garden Peas / Coleslaw Apple & Blackberry Crumble with Custard

AVAILABLE EVERY DAY:
Jacket Potatoes and Sandwiches
Fresh Fruit, Müller Yogurt and Cheese and Crackers

V - indicates a vegetarian option
Your school may have requested a smaller menu selection.
Your school may have different term dates

CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org
Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

www.cardiff.gov.uk/schoolcatering
Twitter@Cardiffschmeals

Capital Events...

Another event brought to you by City of Cardiff Council **www.cardiff.gov.uk** or call **C2C** on **2087 2087**

New Theatre

Tel: 2087 8889
www.newtheatrecardiff.co.uk

See website for performance times and further details.

Octonauts and the Deep Sea Volcano Adventure
Saturday, November 1-Sunday, November 2

The Perfect Murder
Tuesday, November 4 -Saturday, November 8

Cardiff Gang Show 2014: The Cyberspace Chronicles
Wednesday, November 12 – Saturday, November 15

Dreamboats and Miniskirts
Tuesday, November 18 – Saturday, November 22

A Child's Christmas in Wales
Tuesday, November 25 – Saturday, November 29

St David's Hall

Tel: 2087 8444
www.stdavidshallcardiff.co.uk

See website for performance times and further details.

Wales Festival of Remembrance
Saturday, November 1, 7pm

Celtic Guitar Journeys
Monday, November 3, 8pm

Jim Davidson
Wednesday, November 5, 7.30pm

The Dream of Gerontius
Friday, November 7, 7.30pm

Paul Hollywood
Saturday, November 8, 2.30pm & 8pm

Royal Welsh College of Music and Drama Symphony Orchestra
Sunday, November 9, 3pm

Puccini Madama Butterfly
Monday, November 10, 7.30pm

Sinfonia Cymru
Tuesday, November 11, 1pm

Hot Club of Cowtown
Tuesday, November 11, 8pm

A Night of Musical Theatre
Wednesday, November 12, 7pm

John Wilson and the John Wilson Orchestra
Friday, November 14, 7.30pm

Gregory Porter
Saturday, November 15, 7.30pm

A Night at the West End
Sunday, November 16, 4.30pm

Imelda May
Monday, November 17, 7.30pm

M A D
Tuesday, November 18, 7.30pm

Clare Hammond
Tuesday, November 18, 1pm

Show of Hands with Miranda Sykes
Thursday, November 20, 7.30pm

Karl Jenkins' 70th Birthday
Friday, November 21, 7.30pm

An Evening with Noel Fielding
Saturday, November 22, 8.30pm

Stepping Out
Sunday, November 23, 3pm

Erasure
Monday, November 24, 7.30pm

Cardiff Metropolitan Cathedral Choir
Tuesday, November 25, 1pm

The Sensational 60s Experience
Tuesday, November 25, 7.30pm

Bellowhead
Wednesday, November 26, 7.30pm

Paul Heaton and Jacqui Abott
Thursday, November 27, 7.30pm

Secondary Schools MusicMix
Friday, November 28, 10am-7.15pm with the main performance at approx. 6.45pm. Free Event - for relevant ticketing information contact the Box Office 02920 878444.

City of Birmingham Symphony Orchestra
Friday, November 28, 7.30pm

Jon Richardson
Saturday, November 29, 8pm

Cardiff University Symphony Orchestra and Choir
Sunday, November 30, 3pm

That'll Be The Day
Monday, December 1, 7.30pm

Cardiff Castle

Tel: 2087 8100
www. ardiffcastle.com

'More Lost Houses of Cardiff Council' - Lecture Series
Tuesday, November 4, 6pm
Tickets: £7.50. To book call: 029 2087 8100

'J.M Staniforth – Cartoonist of the Great War' – Lecture Series
Thursday, November 20, 6pm
Tickets: £7.50. To book call: 029 2087 8100

Cardiff Story Museum

Tel: 029 2078 8334
www.cardiffstory.com

Cardiff Cake Off
Saturday, November 1, 10am-4pm (cake entries must be submitted before 12.30pm)
Free entry. £2 to enter cake competition. Extra points awarded for Cardiff themed bakes.

Dinky Dragons
A free family fun day for 0-5 year olds. The second Friday of each month 10am – 3pm

Talks at the Cardiff Story Museum – Sport and national identity in Welsh History
Tuesday, November 4, 6pm
Tickets: £5 or £3.50 for students.

Libraries

Tel: 2038 2116
www.cardiff.gov.uk/libraryevents

There are lots of activities happening in libraries across Cardiff from children's activities to live music. For details visit www.cardiff.gov.uk/libraryevents or contact your local branch.

Flat Holm

Tel : 02920 877912
www.flatholmisland.com

Flat Holm offers a sense of wilderness and is the perfect family getaway. With a wealth of history and wildlife, you will be amazed at how much there is to discover. For further details: www.flatholmisland.com / 029 2087 7912.

Norwegian Church Art Centre

Tel: 2087 7959
norwegianchurchcardiff.com

The Welsh Norwegian Society monthly meetings
Third Wednesday of each month, 7.30pm. Free.

Boutique Gift Market
Saturday, November 8 - Sunday, November 9, 10.30am – 5pm
Free entry.

Here be Dragons concert
Thursday, November 6, 8pm
Tickets: £10

Christmas with Michael Bennett and friends
Saturday, November 22, 8pm
Tickets: £8.50

Octave at Christmas
Thursday, November 27 – Friday, November 28, 7.30pm
Tickets: £8.50

Parks

Tel: 2068 4000
www.cardiff.gov.uk/parks

Wildlife on the River Taff
Saturday, November 1, 10am – 1pm
Meet at Radyr train station. Free

History and folklore of trees at Hailey Park
Sunday, November 2, 2pm-3.30pm
Meet at the car park, Radyr Road entrance. Free

Bute Park – A hidden history
Thursday, November 6, 2pm
To book call 02920 872730.
Meet at the Bute Park Education Centre. £3

Autumn art attack
Sunday, November 9, 1pm-3pm
Meet at Victoria Park bowls pavilion. £1

Monthly nature ramble at Forest Farm
Saturday, November 15, 10am-12pm
Meet at the Wardens Centre.

An autumn tree walk
Sunday, November 16, 11am-1pm
Meet at Roath Park Conservatory. Free.

Friends of Cathays Cemetery Public Lecture
Tuesday, November 18, 7pm-9pm
Meet at room 4.44, John Percival Building, Cardiff University, Colum Drive, Colum Road, Cathays. £3

Champion trees of Bute Park
Sunday, November 23, 1pm-2.30pm
Meet outside Bute Park Education Centre. Free

Forest Farm wildlife watch
Saturday, November 29, 10am-12pm
For a programme or more details call 07976 132824.

Bird walk around Roath Park Lake
Sunday, November 30, 10am-12pm
Meet by the lighthouse on Roath Park Promenade, Lake Road West. Free

Wales Millennium Centre

Tel: 029 2063 6464
www.wmc.org.uk

Night at the Casablanca
Saturday, November 1, 8pm

Project Fio Performance
Sunday, November 2, 7.30pm

Prokofiev: Betrothal in a Monastery
Sunday, November 2, 7pm

Shakespeare Schools Festival
Tuesday, November 4-Thursday, November 6, 7pm

Disney's The Lion King
Thursday, November 6 - January 11, 2015

The Noise Next Door
Friday, November 7, 8pm

James Cousins Company: Without Stars & There We Have Been
Saturday, November 8, 8pm

Incubator Sharing
Thursday, November 13, 7pm

Ballet Cymru: Beauty and the Beast
Sunday, November 16 – Monday, November 17, 8pm

Afternoon with André de Ridder
Tuesday, November 18, 2pm

Small World Theatre: One Way Street
Friday, November 21, 8pm

Emily Brown and the Thing
Saturday, November 22, 3pm

Odyssey: The Spirit of Christmas
Thursday, November 27 – Saturday, November 29

Pws Mewn Bwts
Monday, December 1 – Tuesday, December 2

City & Bay Events

Email: events@cardiff.gov.uk
Tel: 2087 2087

Sparks in the park – Coppers Field
Saturday, November 1. For details: www.cardiffroundtable.org/fireworks

Step Into Christmas – City Centre
Thursday, November 13, 4.30pm-7.30pm . A FREE action-packed programme of dazzling entertainment for all the family set against the glittering spectacle of Cardiff's Christmas lights. www.christmasincardiff.com

Cardiff's Winter Wonderland-City Hall Lawn, Civic Centre
Thursday, November 13 – Monday, January 5 . This festive setting, situated in Cardiff's iconic Civic Centre includes the Open Air Ice Rink and other attractions. For information on times and ticket prices visit: www.christmasincardiff.com

Cardiff's Official Santa's Grotto-Queen Street
Thursday, November 13 – Tuesday, December 23. £6 per child with 2 accompanying adults. www.christmasincardiff.com

Cardiff Christmas Market-St John Street, St John's Church area, The Hayes, Working Street
Thursday, November 13 – Tuesday, December 23. For details: www.cardiffchristmasmarket.com

Cardiff Bay Water Activity Centre
www.cbwac.com / 029 2087 7977 / 029 2035 3912

Cardiff International White Water
www.ciww.com / 029 2082 9970

Cardiff Archaeological Society Lectures
Small Chemistry Lecture Theatre (Room 1.122), Main Building, Cardiff University, Cathays Park
The History of Pontypool Japanware – Thursday, November 6, 7.15pm
The Foreshore Archaeology of Swansea Bay – Thursday, November 20, 7.15pm

Cardiff Astronomical Society
Meet Thursday evenings. Contact Dave Powell, Secretary Secretary@cardiff-astronomical-society.co.uk

Cardiff Bonsai Club
Meet monthly on the third Tuesday, 7.30pm at The Scout Hall, Lake Road North, CF23 5QN.
www.cardiffbonsai.org.uk

Cardiff & District Rhondda Society
Meet monthly on the third Wednesday during term time, 10.30am Room 8, Ararat Church, Whitchurch. For details: 029 20883722

Cardiff Farmers Markets
Rhiwbina, Butcher's Arms-Every Friday 10am-1pm. Roath, Mackintosh Sports Club-Every Saturday 9.30am-1pm. Riverside, Fitzhamon Embankment-Every Sunday 10am-2pm. St. Mary Street every Saturday 11am-5pm. www.riversidemarket.org.uk

Cardiff Naturalists' Society
A series of talks and field trips covering all aspects of wildlife. For details: www.cardiffnaturalists.org.uk

Cardiff Philatelic Society
Stamps, postcards or postal history group. Meet alternate Tuesdays, 7.30pm at Llanishen Baptist Church, Fidlas Road, Llanishen, CF14 5LZ. For more information contact secretary Graham Bean on 029 2065 7941 or emailgbean@dsl.pipex.com

Cardiff Royal Naval Association
Meet monthly on the second Monday at 7.30pm at the Rumney Royal British Legion. Former and serving members of The Royal Navy and Royal Marines welcome. For details: 07926 030327 / jeffhadley@hotmail.co.uk

Cardiff U3A - Group for the retired/ semi-retired
For details: www.cardiffu3a.org.uk/ / 07926 533693.

Conway 50+ Group
Conway Methodist Hall, Romilly Crescent, Riverside
Meet every Wednesday morning at 10.15am for local news, guest speakers, demonstrations and activities. Entry £2 includes tea / coffee / biscuits.

Chapter Arts Centre
For information: www.chapter.org / 02920 304400 / enquiry@chapter.org

Chrysanthemum Flower Show - Cardiff & District Chrysanthemum & Dahlia Society
Scout Hall, Heol y Bont, Rhiwbina.
Wednesday, November 5, 2.30pm-5pm
Including a presentation by Jane Cowan. For details contact Alan Newis, 02920 792964. Free entry.

Four Seasons
An over 60s social group for widows and widowers. Meet every Tuesday at 12.30pm. Location changes weekly, for details contact 02920 483321.

Monday Club
If you are age 50 plus and would like to make new friends come along to the weekly club at Home Guard Club, Ely at 1.30pm. Complimentary refreshments are also available.

National Museum Cardiff
For listings: www.museumwales.ac.uk / 0300 1112333.

Rhiwbina Floral Society
Meet every first and third Tuesday of the month at Rhiwbina Memorial Hall, Lon Ucha, CF14 6HL. For details: www.rhiwbinafloralsociety.org.uk

Royal Welsh College of Music and Drama
For information: www.rwcmd.ac.uk / Box office: 029 2039 1391 / boxoffice@rwcmd.ac.uk

Sherman Theatre
For listings: www.shermancymru.co.uk / 029 2064 6900.

Social Bridge Club
St Fagans Village Hall
Meet Wednesday evenings at 7pm
Brian@agrisgj.com / 02920 565445 / 02920 670401

St Fagans National History Museum
For listings: www.museumwales.ac.uk / 0300 1112333.

Table tennis for all
Meet Fridays at The Cardiff Community Table Tennis Club, Upper Hall of Wales Sport, Sophia Gardens 7pm-9pm. £3/£2 juniors. Roy Gibson: 01446 412352.

The Gate Arts and Community Centre
For performance information visit www.thegate.org.uk or call 029 2048 3344.

The Merchant Navy Association (Wales) - Remembrance Service
Seafarers Memorial, Cardiff Bay, Saturday, November 8, 11am. For details contact 01443 815013/byron@blackranger.plus.com

The Merchant Navy Association (Wales)
Meet monthly on the second Wednesday, 2.30pm at the Canton Liberal Club, Cowbridge Road East. 01443 815013/byron@blackranger.plus.com

The Royal Welsh Regimental Comrades Association City of Cardiff Branch
Former and serving members of the Royal Welsh, Welch Regiment, South Wales Borderers, Royal Welch Fusiliers, Royal Regiment of Wales and any affiliated territorial and regular battalions are welcome. Meet at the Officers' Mess at Maindy Barracks on the third Friday each month at 7.30pm. For details: 02920 618115 / 02920 549577.

Welsh widows and widowers group
Meet Wednesdays and Saturdays. Tel: 07749 542858, e-mail: friends@welshwidows.co.uk, web: www.welshwidows.co.uk

YOUR WARD SURGERIES

ADAMSDOWN

Manzoor Ahmed
07850743355
manzoor.ahmed@cardiff.gov.uk

Surgeries:
2nd & 4th Saturday of the month
10.30am - 11.30am at Roath Library, Newport Road.

To request a personal visit please phone or email Councillor Ahmed.

Nigel Howells
20465233
nhowells@cardiff.gov.uk

Surgeries:
1st & 3rd Saturday of every month
11am - 12pm at Roath Library, Newport Road.

To request a personal visit please phone or email Councillor Howells.

BUTETOWN

Ali Ahmed
07968165138
Ali.Ahmed@cardiff.gov.uk

Surgeries:
Every 2nd & 4th Saturday of every month
11am - 12pm at County Hall, Atlantic Wharf (in the office to the left of reception).
Saturday street surgeries - 12.15pm - 1.15pm.

For more details contact Councillor Ahmed.

CAERAU

Peter Bradbury
20591735
Peter.Bradbury@cardiff.gov.uk

Elaine Simmons
20569349
Elaine.Simmons@cardiff.gov.uk

Surgeries:
November 8 (PB), November 22 (ES), December 6 (PB),10am to 11.30am at Western Leisure Centre, Caerau Lane. Please contact 07973 179577 (PB) or 2056 9349 (ES) for a visit.

CANTON

Susan Elsmore
2087 2598
susan.elsmore@cardiff.gov.uk

Ramesh Patel
20372035 / 07850874890
rapatel@cardiff.gov.uk

Richard Cook
20567428
riCook@cardiff.gov.uk

Surgeries:
Every Saturday 10am - 11am
Canton Library, Library Street, Canton. CF5 1QD.
No appointment necessary

CATHAYS

Elizabeth Clark
20630311
eclark@cardiff.gov.uk

Surgeries:
First Saturday of every month
11am – 12pm at Cathays Library, Fairoak Road.

Christopher Weaver
2039 7149 / 07909991021
Christopher.Weaver@cardiff.gov.uk

Sarah Merry
07906355971/ 20372301
Sarah.Merry@cardiff.gov.uk

Sam Knight
07539685806 / 2037 2783
Sam.Knight@cardiff.gov.uk

Surgeries:
1st Saturday of the month. 11am – 12pm at Cathays Community Centre, Cathays Terrace.

All other Saturdays 11am – 12pm at Cathays Library, Fairoak Road.

CREIGIAU & ST FAGANS

Graham Thomas
07805850812
Graham.Thomas@cardiff.gov.uk

Surgeries:
To book an appointment or arrange a house call please phone or email Councillor Thomas.

CYNCOED

David Rees
20750310
davrees@cardiff.gov.uk

Kate Lloyd
20753710
klloyd@cardiff.gov.uk

Margaret Jones
20758175
mjones@cardiff.gov.uk

Surgeries:
Tuesday October 14 at 10am at Anatoni's at Lakeside Shopping Centre.
Tuesday, November 11, 10am at Terra Nova Café, Roath Park. No appointment is necessary.

ELY

Jim Murphy
20592411
Jim.Murphy@cardiff.gov.uk

Susan Goddard
20659330
sgoddard@cardiff.gov.uk

Russell Goodway
20872479
r.v.goodway@cardiff.gov.uk

Surgeries:
November 1 and 15; December 6 and 20, 10am at Ely Day Centre, Grand Avenue, Ely.

FAIRWATER

Lisa Ford
07891518426
lisaford@cardiff.gov.uk

Neil McEvoy
07966375523
nmcevoy@cardiff.gov.uk

Surgeries:
Every Saturday 11am – 12pm at Fairwater Library.

Every 2nd Saturday 10am - 11am Fairwater Leisure Centre.

Every 4th Saturday 2pm – 3.30pm at Fairwater Leisure Centre.

Every Wednesday 12pm to 1pm at Pentrebane Community Centre.

For more details contact Councillor Ford or Councillor McEvoy.

Paul Mitchell
07967 143962
Paul.Mitchell@cardiff.gov.uk

Surgeries:
1st and 3rd Saturday, 11am - 1pm - street surgeries at various locations.

2nd and 4th Saturday 2pm – 3.30pm – fixed surgeries at Fairwater Library

Contact Councillor Paul Mitchell for further information or to make appointments.

GABALFA

Ed Bridges
20614925
ebridges@cardiff.gov.uk

Surgeries:
Please check the @TeamGabalfa Twitter feed for further information.

Gareth Holden
07583887312
Gareth.Holden@cardiff.gov.uk
Twitter @holden_gareth

Surgeries:
To request a personal visit please phone or email Councillor Holden.

GRANGETOWN

Ashley Govier
07896 294865
Ashley.Govier@cardiff.gov.uk

Chris (John) Lomax
2037 2853
Chris.Lomax@cardiff.gov.uk

Lynda Thorne
2034 5679
Lynda.Thorne@cardiff.gov.uk

Surgeries:
Every Saturday from 10.30am at Grangetown Library, Havelock Place.

First Wednesday of the month from 6pm at Channel View Flats Community Room.

1st Friday of every month at Clare Road Islamic Centre from 2pm - 3.30pm

HEATH

Fenella Bowden
20692435
fbowden@cardiff.gov.uk

Surgeries:
1st Saturday of the month, 10am - 11am at Birchgrove School; and as advertised within the ward

Lyn Hudson
20522654 / 07900 167933
lhudson@cardiff.gov.uk

Surgeries:
1st Wednesday of every month (except August) 5.30pm - 6.30pm, Maes y Coed Community Centre or please ring for an appointment.

Graham Hinchey
07583 721025
Graham.Hinchey@cardiff.gov.uk

Surgeries:
1st Monday of every month
5.30pm - 6.30pm, Llwynfedw Gardens Bowling Pavilion, Llwynfedw Gardens. CF14 4NW.

Please ring for an appointment.

LISVANE

David Walker
20765836
dwalker@Cardiff.gov.uk

Surgeries:
Saturday November 22, 10am – 11am, Old School Cabin, Lisvane

To book an appointment please contact Councillor Walker.

LLANDAFF

Gareth Aubrey
20552600
gaubrey@cardiff.gov.uk

Kirsty Davies
20562979
kirstydavies@cardiff.gov.uk

Surgeries:
2nd Saturday of every month 12.30pm - 1.30pm, at Llandaff Parish Hall.

4th Saturday of every month, 12pm - 1pm at St Johns Hall, Danescourt.

LLANDAFF NORTH

Dilwar Ali
07734880397
Dilwar.Ali@cardiff.gov.uk

Susan White
07815 001634
Susan.White@cardiff.gov.uk

Surgeries:
1st & 3rd Tuesday of each month - 5.30pm - 6.30pm Llandaff North Library, Gabalfa Avenue, Llandaff North.

1st & 3rd Saturday of each month - 10am - 11am Llandaff North Library, Gabalfa Avenue, Llandaff North.

LLANISHEN

Phil Bale
07581421282
Phil.Bale@cardiff.gov.uk

Garry Hunt
20750382
Garry.Hunt@cardiff.gov.uk

Julia Magill
20872420
Julia.Magill@cardiff.gov.uk

Surgeries:
Every Saturday 10am - 11am at Cardiff North Labour Office, 13 Llangranog Road, Llanishen.

Andrew Graham
20751364
Andrew.Graham@cardiff.gov.uk

Surgeries:
To book an appointment or arrange a house call please phone or email Councillor Graham.

LLANRUMNEY

Derrick Morgan
07967506602
DerrickMorgan@cardiff.gov.uk

Heather Joyce
07581163394
HJoyce@cardiff.gov.uk

Surgeries:
1st Saturday of every month; and every Tuesday 9.30am at Llanrumney Library, Countisbury Avenue

Keith Jones
07500554167
Keith.Jones@cardiff.gov.uk

Surgeries:
No appointment necessary. To book an appointment or arrange a house call please phone or email Councillor Jones.

PENTWYN

Joseph Carter
20734659
jcarter@cardiff.gov.uk

Judith Woodman
20541534
jwoodman@cardiff.gov.uk

Keith Hyde
20732807
khyde@cardiff.gov.uk

Paul Chaundy
20734313
pchaundy@cardiff.gov.uk

Surgeries:
11.30am - 12.30pm at the Powerhouse, Llanedeyrn or 11.30am - 12.30pm at Pentwyn Leisure Centre. No appointment necessary

PENTYRCH

Craig Williams
07843233083
CrWilliams@cardiff.gov.uk

Surgeries:
To book an appointment or arrange a house call please phone or email Councillor Williams.

PENYLAN

Bill Kelloway
20756886
bkelloway@cardiff.gov.uk

Joe Boyle
07966779490
Joe.Boyle@cardiff.gov.uk

Tricia Burfoot
20488796
pburfoot@cardiff.gov.uk

Surgeries:
Friday, October 17 and Friday, November 21, 6pm - 7pm, Marlborough Primary School, Blenheim Road.

PLASNEWYDD

Daniel De'Ath
07581421273
Daniel.De'Ath@cardiff.gov.uk

Mahommed Javed
20753389
Mohammad.Javed@cardiff.gov.uk

Mary McGarry
20371324
Mary.McGarry@cardiff.gov.uk

Sue Lent
07790962764
Sue.Lent@cardiff.gov.uk

Surgeries:
Every Saturday morning 10am- 11am (except August) - Penylan Library and Community Centre, Ninian Road

PONTPRENNAU & OLD ST MELLONS

Diane Rees
20794918
DiRees@cardiff.gov.uk

Surgeries:
1st Saturday of every month. 9.30am-10.30am - Caer Salem Baptist Chapel, Tyr Winch Road.

1st Monday of every month (except for Bank Holidays and August) 6pm - 7pm - Pontprennau Community Centre, Heol Pontprennau

Georgina Phillips
20360692
Georgina.Phillips@cardiff.gov.uk

Surgeries:
1st Saturday of every month, 9.30am - 10.30am at Pontprennau Community Church Centre, Heol Pontprennau.

1st Saturday of every month. 11am – 12pm in the hall at the rear of Caersalem Baptist Church, Mill Lane, Old St. Mellons.

RADYR & MORGANSTOWN

Roderick McKerlich
029 2084 2764
RMckerlich@cardiff.gov.uk

Surgeries:
To book an appointment please phone or email Councillor McKerlich.

RHIWBINA

Jayne Cowan
20627757
JCowan@cardiff.gov.uk

Adrian Robson
20627757
ARobson@cardiff.gov.uk

Eleanor Sanders
20628587
Eleanor.Sanders@cardiff.gov.uk

Surgeries:
November 3 – Wendy House, Lon Fach, Rhiwbina, 10am – 11am
December 6 – Christmas Coffee and Mince pies – raffle for the Lord Mayor's Charity – Rhiwbina Baptist Church, Lon Ucha, Rhiwbina – 10.30am – 12noon

visit: www.rhiwbinaward.co.uk

RIVERSIDE

Cecilia Love
079666475 94
Cecilia.Love@cardiff.gov.uk

Iona Gordon
20345213
Iona.Gordon@cardiff.gov.uk

Darren Williams
07891485523
Darren.Williams@cardiff.gov.uk

Surgeries:
2nd and 4th Saturdays in the month in Canton Library: 12pm - 1pm. 1st, 3rd and 5th Saturdays of the month in Litchfield Court, Tudor Street, opposite the petrol station. 12.30 - 1.30pm
No appointment necessary

RUMNEY

Bob Derbyshire
20363748
Bob.Derbyshire@cardiff.gov.uk

Jacqueline Parry
20796 066/ 07815001625
JackieParry@cardiff.gov.uk

Surgeries:
1st Monday of every month. 10am – 11am at Rumney Library, Brachdy Road.

3rd Thursday every month 6.30pm – 7.30pm at Rumney Community Centre, Llanstephan Road.

Cllr Parry is available to visit residents on request.

SPLOTT

Gretta Marshall
20759241
Gretta.Marshall@cardiff.gov.uk

Huw Thomas
2046 2684
Huw.Thomas@cardiff.gov.uk

Ed Stubbs
07944 188112
Ed.Stubbs@cardiff.gov.uk

Surgeries:
First Saturday of month (except January). 10am at STAR Centre.

Second Wednesday of month. 6pm at Moorland Community Centre

Third Saturday of month. 10am at STAR Centre.

Last Saturday of month (except August). 10am. Street surgery in Splott, Tremorfa, Pengam Green

TROWBRIDGE

Monica Walsh
20779541
MoWalsh@cardiff.gov.uk

Ralph Cook
2079 3809
ralphcook@cardiff.gov.uk

Surgeries:
Councillors Ralph Cook and Monica Walsh would be pleased to see you on 1st Saturday of every month, except in January and August, at 10 am at St Mellons Library, Crickhowell Road, St Mellons.

Michael Michael
07900570722
Michael.Michael@cardiff.gov.uk

Surgeries:
Councillor Michael Michael would be pleased to see you on the 1st Wednesday of every month (excluding August & January), 9am-10am at Trowbridge Community Centre, Caernarvon Way, Rumney.

WHITCHURCH & TONGWNLAIS

Chris Davis
07772919515
Chris.Davis@cardiff.gov.uk

Jonathan Evans
20597084
Jonathan.Evans@cardiff.gov.uk

David Groves
20193225
David.Groves@cardiff.gov.uk

Benjamin Thomas
20628773
Ben.Thomas@cardiff.gov.uk

Surgeries:
First Saturday of the month, 11am to 12pm in Whitchurch Library.

Second Saturday of the month, 11am to 12pm in Whitchurch Community Centre.

Third Saturday of the month, 11am to 12pm in Ararat Baptist Church, Whitchurch.

Fourth Saturday of the month, 11am to 12pm in Bethesda United Reformed Church, Tongwynlais

Councillors are also available by phone. Call Members Services on 2087 2020 or visit www.cardiff.gov.uk/councillors for details. Surgeries are not held on Bank Holidays.